The Core Role of Consciousness

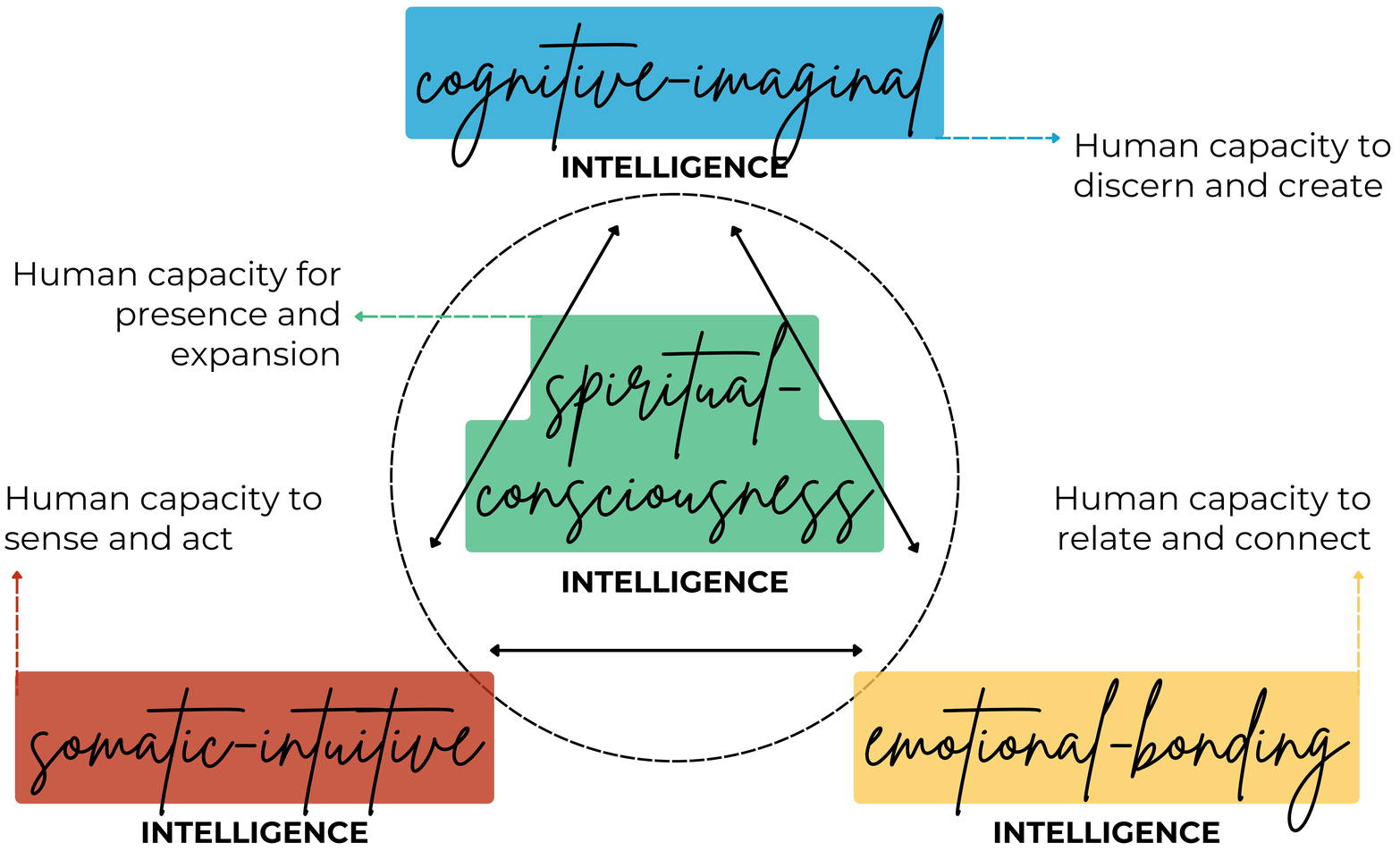
in the Process of Regenerative Learning and Human Flourishing

UtahStateUniversity

Regenerative Learning

Regenerative means able or tending to regenerate—to regrow, be renewed or restored, especially after being damaged or lost; to impart new life and vigor; to "bring forth again" marked by renewal or restoration through natural processes. **What do we need to regenerate in education that has been damaged or lost?**

In deep conversation with Theory U (Scharmer, 2007), Regenerative Learning carries the potential to help repair the systemic divides by regenerating whole-human intelligence and supporting human flourishing in education.



Context & CTA

Narrowed Learning

Education has been reinforcing a fragmentation of the whole human intelligence by focusing excessively on:

- artificial — **Dissociation from the body** (classroom space, scheduled time, technology-driven)
- reason — **Repression of emotion** (invalidation of feelings, judgement and punishment of dysregulation)
- performance — **Denial of the mystery** (proof as truth, right answer, productivity, standardization)
- individual — **Separation from whole** (comparison and competition, culture of self-interest success)

Systemic Divides

The current systemic divides are a reflection of human's overall level of consciousness (Scharmer, 2007).

- ecological — **Disconnection between self and nature** (loss of bio, climate disruption, resource depletion)
- social — **Disconnection between self and others** (lack of empathy, rising polarization, increased loneliness)
- spiritual — **Disconnection between self and Self** (lack of of purpose and authenticity, loss of meaning)
- ego — **Consciousness level** (ego-system awareness, caring only for the self or the group the self belongs to)

Reconnective Integration

The age of AI comes with a profound shift for humanity and education. It is crucial to repair the systemic state of disconnection by amplifying the educational focus to be for the whole-human intelligence, if we want to support a future where human can flourish.

- eco — **Consciousness shift** (eco-system awareness, state of expanded presence, caring for whole field of life)

As this loving awareness increases, regeneration requires leveraging presence to reconnect and integrate body, heart, and mind to tap into a whole-human intelligence.

- body — **Learn by sensing** (somatic awareness and nature practices help rebuild an innate intuitive knowing)
- heart — **Learn by relating** (emotional awareness and NS connection practices support empathic knowing)
- mind — **Learn by unknowing** (Reflective awareness and creative practices build flexibility and imagination)

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